

# SPORTS DAY

## WHAT CAN IT BE USED FOR?

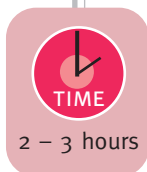
- Departmental Away Days
- Conference Ice Breaker
- New teams
- Merging companies or teams
- Team development

## WHY DO A SPORTS DAY?

- Energetic, fun , outdoors event
- Excellent team bonding opportunities
- Competitive and action packed
- Flexible and easy to fit most venues
- Great chance to run off excess conference energy!
- Excellent photo and video opportunities

## ALSO CONSIDER:

- Office Olympics
- Treasure Trail
- Krypton Factor
- Agent Provocateur



*“ Everyone thoroughly enjoyed the sports day. A big thank you goes out to your team; they kept everyone motivated in all the events. I had people commenting that this is the best event we have done so far so thanks again. ”*

1ST SOFTWARE

Back to school and back to basics in this extremely popular summer fun event. We have revived all your favourite school sports day activities and created an event that works for all corporate groups.

**Area one:** • Three legged • Wheelbarrow • Egg and spoon

**Area two:** • Giant Ski Biathlon

**Area three:** • Sack race • Obstacle race • Balloon relay

**Area four:** • Space Hopper 5-aside football

**Area five:** • Floppy javelin • Ping pong shot putt  
• Paper plate discus

**Area six:** • Caterpillar Crawl

Teams move around all the areas throughout the session and compete against the other teams on the various activities. The exact logistics will depend on your group size and timings but this is a very flexible event that can be held at any venue with suitable outside space. For larger groups it combines well with our Office Olympics and Krypton Factor events.

Suitable for groups of 20 – 200. Allow 2-3 hours.

