

SPORTS DAY

WHAT CAN IT BE USED FOR?

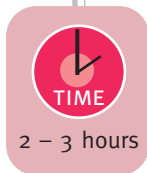
- Departmental Away Days
- Conference Ice Breaker
- New teams
- Merging companies or teams
- Team development

WHY DO A SPORTS DAY?

- Energetic, fun, outdoors event
- Excellent team bonding opportunities
- Competitive and action packed
- Flexible and easy to fit most venues
- Great chance to run off excess conference energy!
- Excellent photo and video opportunities

ALSO CONSIDER:

- It's a Knockout
- Treasure Trail
- Office Olympics
- Agent Provocateur



“ Everyone thoroughly enjoyed the sports day. A big thank you goes out to your team; they kept everyone motivated in all the events. I had people commenting that this is the best event we have done so far so thanks again. ”

1ST SOFTWARE

Back to school and back to basics in this extremely popular summer fun event. We have revived all your favourite school sports day activities and created an event that works for all corporate groups.

Area one, Race 'Track', first five races:

- Three legged
- Wheelbarrow
- Egg and spoon
- Sack
- Obstacle

Area two, Race 'Track', second five races:

- Apple bob
- Balloon
- Skipping
- Leapfrog
- Backward sprint water carry

Area three, 'static' activities:

- Rocket launch/egg catch
- Paper plane build and throw
- Bog ski race
- Welly 'Wang'

All teams compete in the first set of five races in area one, on the 'track'. Then all the teams move over to the static area where groups of four teams go head to head rotating through each of the five activities. Finally all the teams come back together for the last session of races. Suitable for groups of 15 – 200. Allow about 2 hours.

