

# GO FOR GOLD

## WHAT CAN IT BE USED FOR?

- Company Fun Day
- Departmental Away Days
- Conference Team Building
- Inter office competitions

## WHY DO GO FOR GOLD?

- Energetic, fun, outdoors event
- Excellent team bonding opportunities
- Competitive and action packed
- Great chance to run off excess conference energy!
- Excellent photo and video opportunities

## ALSO CONSIDER:

- Sports Day
- Office Olympics
- Treasure Trail
- Agent Provocateur

*An energetic, fast moving and fun filled outdoors event for the summer months that encompasses up to 20 exciting challenges. Groups rotate around a series of different challenges that will test their skills in teamwork across a number of different disciplines - whilst having a lot of fun!*

### Area one – Track Events

- Three legged
- Wheelbarrow
- Egg and spoon
- Sack
- Obstacle

### Area Two – 5-aside space hopper football

### Area Three – Field Sports Arena

- Floppy javelin
- Paper plate discus
- Ping pong shot putt!

### Area Four – Teamwork Challenges

A selection of 10 minute team challenges that combine cerebral and physical tasks

### Area Five – Shooting Zone

- Laser Clay Shooting
- Archery

### Area Six – Relay Races

• Biathlon – team relay challenge that involves all team members making their way down the ski slalom course on giant skis and then, in true Olympic style, having to take part in a shoot out at the end.

### Area Seven – Head to Head

- Human Table Football
- Beach Volleyball
- Velcro Olympics

We also provide the bunting, central gazebo marquee, PA system and commentator to make a real show of it for the teams. For groups of 30-1000

